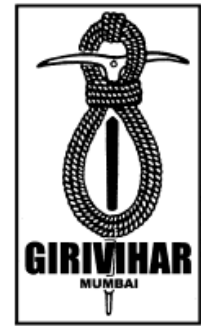


GIRIVIHAR



Dayara Bugyal – Surya Top Trek May- 2015

GIRIVIHAR, has since its conception in 1964, been devoted to outdoor adventure activities like hiking, rock climbing and mountaineering.

Adventure Activities inculcate courage, patience, determination, leadership, confidence, team spirit and cultivate a love for the environment and respect for nature.

Dayara Bugyal is perched at an altitude of 3,048 mts above sea level offering splendid views of the Himalayan range. Bugyal literally means high altitude meadow in regional language. Dayara Bugyal is situated in the Uttarkashi district of Uttarakhand state.

It is a lush green meadow spread over a vast expanse of 28 square kilometres. Also written as Dyara Bugyal, the highlight of this trekking route is Barnala Tal, a natural small lake. The trek goes through open land and dense forest at different places ending up at the vast expanse of lush green meadow.

This trek is open for first timers as well as veterans. Just ensure that you are excited about the trip and are in good physical shape (comfortable walking for 4-5 hours in a day). However, it would be wise to discuss it with one of our Trip Leaders before booking.

Of course, a question most likely to occur to you will be, why you must choose GIRIVIHAR..... Here's the answer.

- GIRIVIHAR is one of the oldest and most reputed mountaineering clubs in Mumbai
- We have decades of experience conducting Adventure Activities, and enjoy an enviable safety record
- With a long list of pioneering ventures, we are an organisation of genuine mountain experts
- Unlike commercial set-ups, the program is managed and conducted by "true blue" mountaineers
- And last, but not the least, we conduct the treks on a NO-PROFIT basis, making it one of your wisest and most economical investments for your adventure.

Instructions:

1. Corresp. address : **Mr. Prasanna Joshi. C/O LAGU BANDHU,**
206/207, Shilpin Centre, G D Ambekar Marg, Wadala - Mum 31
Ph: +91-22-2415 0211/21 Email: prj4@yahoo.com Mobile: 9819828845
Mr. Saurabh Pathare, Tel : 9869252778; Email: pathare.saurabh@gmail.com
2. Minimum age : 14 years complete
3. Trek Fees : Rs. 10,500/-.**Haridwar to Haridwar** (Transport/Lodging/Boarding & Equipment etc)
4. Trek Duration : 27th May 2015 Arrival at **Haridwar and** Depart from **Haridwar on 2nd June 2015**
5. Accommodation : Accommodation in multiple sharing Tents (Separate arrangement for Boys & Girls)
6. Assembly : **Haridwar.** On 27th May 2015 at 6.00 am at a pre designated place in **Haridwar** to catch the Jeeps to Barsu. Details will be shared at the participants meeting
7. Return : Depart from **Haridwar on 2nd June 2015**
8. Participant's Meeting: At 1930 hrs. on Saturday, 16th May 2015 at R. A. Podar College, L. Napoo Marg, Matunga (Central), Mumbai – 19.
Minor participants will attend this meeting along with their parents.

Package includes:-

- **Transportation:** Haridwar to Barsu and back from Agoda Road head to **Haridwar** in Non A/C Jeeps/Bus.
- **Accommodation:** Accommodation in multiple sharing tents with separate arrangement for Boys and Girls
- **Food:** Delicious and nutritious Veg food will be served during the trek once you reach Base camp at Barsu on Day-01, upto Departure from Agoda Road head on Day-07 (Food during Jeep/Bus travel from **Haridwar** to Barsu and Agoda road head to **Haridwar** will not be included.)
- **Equipment** required for trekking in Snow will be provided; participants are to bring their warm clothing.
- **Instructors:** The trekking team will be accompanied by qualified guides/instructors
- **Forest Entree fee and required Permits**
- **Back Pack carrying:** Participants are expected to carry their own personal belongings. Common Equipment and sleeping Bags, Tents etc will be provided & carried by porters
- **Certificate:** Participants will be awarded with a certificate on successfully completing the trek.

Package Excludes:

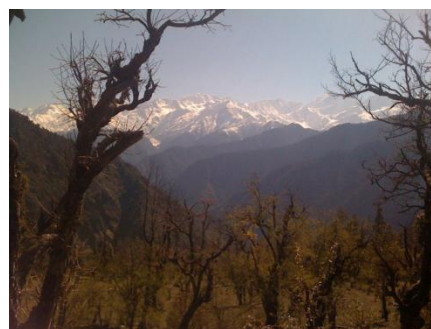
- Pre/post camp arrival/departure, facilitation/travel cost to and from Camp's joining and dispersal locations, etc
- Cost of any form of insurance, rescue, evacuation, hospitalization, etc
- Costs incurred due to delays in arrival/departure of any means of transportation resulting from landslides, floods, or other natural or manmade causes over which Girivihar has no control
- Anything which is not mentioned above

Camp Kit (Essential):

- Trekking Shoes + Cotton Socks (4 Pairs)
- Slippers / Chappal (After activity time)
- Loose Tough light weight trousers (Cotton preferred) or Track pants (2 Nos.)
- Loose Tough light weight Full-Sleeve Shirts / Dry fit (Cotton preferred) (2 Nos.)
- Personal Undergarments (2/3 sets minimum); light weight towel (Pancha)
- One Full Sleeve Sweater & a wind cheater. Rain protection (Poncho/Raincoat)
- Warm body fit leggings & tops. Balaclava or woollen cap. Sun cap, Vaseline, cold cream, Sun screen etc.
- Water Bottle / Hydration pack of 2 lit capacity.
- Torch with a spare set of batteries.
- Tooth Brush, Tooth Paste, Soap, small quantity talcum powder, 4 'Band-Aid' Strips, 2-3 Plastic bags.
- Good Quality Sun Glasses (with UV protection)

Additional Information:

- Attending the Participant's Meeting is a MUST.
- Please submit your Photo id (Pan Card/Passport/Aadhar Card/Students School Id) along with the form
- **Last Date for submitting entry form : 1st May 2015. (Entry by 1st come 1st served)**
- **Admissions shall be confirmed after fitness screening and only on receipt of full trek fees**
- **Fees include Rs 3000/- as Non refundable registration Charges.**
- **Cancellation :** Since all the necessary arrangements like purchase of food, transport, equipments etc., are made well in advance, cancellations, if any must be communicated immediately & at least 15 days before commencement date of the trek (13th May) in writing at the above address. Trek in-charge will take final decision about the refund amount after the trek.
- There is a complete 'First-Aid Kit' available at the campsite. Still it is advisable to carry a few Band-Aid strips.
- Please inform the trek-in-charge about any long term medical treatment the participant is undergoing for any illness. They should also inform about hypersensitivity (to antibiotics, sulpha drugs etc.) / allergies if any.
- The instructors are fully trained and have wide experience in all the activities they will carry out.
- We have always followed the precautions of safety. The participant's safety at any point is the first priority. Keeping this in mind, the instructors may not allow some members to participate in some of the activities.
- **The Trek-in-charge's decision in any matter related to this Trek is final.**



Day wise Program:

Itinerary –

Day 01 27 th May	Arrival at Haridwar . Leave Haridwar at 6.00 am. Drive to Barsu. Lunch on the way. A drive for 6-7 hours brings us to village Barsu (2250m) Overnight stay.	Drive	(225 kms/7-8 hrs).
Day 02 28 th May	Morning trek from Barsu (Bugyal Sarai) - Barnala It is an easy-moderate climb with some stiff edges in between Arrival at Barnala. Overnight stay.	Trek	6 hrs
Day 03 29 th May	Trek from Barnala - Dayara Bugyal Dayara Bugyal is on top of the ridge line seen from Barnala. Arrival & Overnight stay at Dayara Bugyal.	Trek	4 hrs
Day 04 30 th May	Morning trek from Dayara Bugyal – Syari Bugyal The entire 5 hours from Darya Bugyal to Syari Bugyal is spent walking on the ridge of the mountain. It is a thrilling experience to actually walk with hundreds of meters of cliff below you! Arrival at Syari Bugyal. Overnight stay.	Trek	5 hrs
Day 05 31 st May	Trek from Syari Bugyal to Surya top and then to Kornkuttha thach The trek to Surya top offers 360 degree view of himalaya including Bandarpooch (6350 mtrs), Dropdikadanda (6420 mtrs), Jaonli (6600 mtrs), Srikanth, Gangotri I,II,III and many other peaks. Overnight stay at Kornkuttha Thach.	Trek	7 hrs.
Day 06 1 st June	Kornkuttha – Agoda Village Leaving behind the high Himalayan meadows we head down to the valley though mix forest of oak, cedar and rhododendron. Arrival at Agoda village. Overnight stay.	Trek	6 hrs.
Day 07 2 nd June	Agoda Village – Roadhead (Sangamchitti)– Haridwar A two hours walk take us to the road head where we board our awaiting vehicles and drive back to Haridwar.	Trek	2 hrs.

- **Suggested Train Travel up to Haridwar:**

1st Choice:12171/Mumbai LTT - Haridwar AC Express leaving on 25th May @ 07:55 Reach Haridwar at 13.10 on 26th May. Night Halt at Haridwar

2nd Choice: 12137/ Punjab Mail upto Delhi leaving on 25th May @ 19.40 reaching Delhi 21.15 and then change the train to Overnight journey by 12205 NDLS DDN EXP (Nanda Devi Express) departing on 26th May at 23.50 reaching Haridwar 4.00 on 27th May

- **Suggested Travel back from Haridwar**

1st choice: On 02nd June 12018/Dehradun - New Delhi Shatabdi Express leaving Haridwar 18.15 reach Delhi 22.45 and then 22210/New Delhi-Mumbai AC Duronto Express 23.30 reaching Mumbai 16.15 on 3 June

2nd choice: On 02nd June 12172/Haridwar - Mumbai LTT AC Express leaving Haridwar 18.50 and reaching Mumbai 23.45 on 3rd June

These are just suggested travel options. Participants may choose any other alternative to reach Haridwar on their own. Girivihar shall not be responsible for train delays etc.

GIRIVIHAR Dayara Bugyal – Surya Top Trek 2015

Photograph
of Participant

Application Form:

To
The General Secretary,
GIRIVIHAR, Mumbai.

Dear Sir,

I declare that I, Mr/Ms _____ am physically fit to participate in the Dyara Bugyal - Surya Top Trek being organised by GIRIVIHAR in May-June 2015. I understand that in case of any unforeseen event / accident during the trek, the office bearers and Trek's organising members of GIRIVIHAR shall not be held responsible for loss of life/property. I have read the instructions and assure you that I shall abide by the discipline of the trek.

I understand that GIRIVIHAR is a seasoned adventure club and they shall take utmost care to ensure safety of the participants of the trek. I am participating in the trek on my own responsibility.

Signature of Participant

Signature of Parent in case of Minor

1. Name : Mr/Ms _____
2. Date of Birth : _____ Age : ____ years. T-Shirt Size _____
3. Address : _____
_____ Email id _____
4. Telephone No. : _____ Cell No. : _____
5. In case of Emergency contact : _____
6. Name of School/College: _____ Class: _____
7. Any previous Hiking/Trekking Experience : YES / NO (If 'YES' please specify) : _____
8. Other interests : Hobbies / Sports : _____
9. Fees Rs 10,500/- paid (Cash/Online Transfer/Cheque/ No. _____ drawn on _____ Bank in favour of "GIRIVIHAR". Fees handed over to: _____
10. I came to know about this trek thru: News paper / School / Friend / Internet/ Other (Pl. specify) _____

Note: Charges include Rs. 3000/- as Registration Charges (Non-refundable)

Parent / Guardian Name _____

Medical Certificate:

Name of family doctor: _____

Address: _____

Name of the participant: _____ Blood Group _____

Recent Illness: _____ Allergies: _____

Hyper sensitivity (to antibiotics/sulpha): _____

Personal Medications: _____ Chronic disease if any _____

I understand the nature of the trek and have examined Mr/Ms _____

and in my opinion he/she is medically fit to participate in the program.

Signed: _____

Name of the Doctor: _____

Regn No. & Stamp