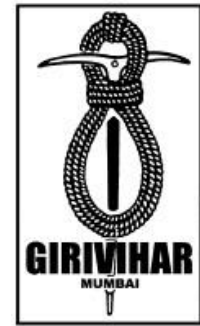


# GIRIVIHAR



## Dodital and Darwa Top Trek 2018

GIRIVIHAR, has since its conception in 1964, been devoted to outdoor adventure activities like hiking, rock climbing and mountaineering.

Adventure Activities inculcate courage, patience, determination, leadership, confidence, team spirit and cultivate a love for the environment and respect for nature.

This trek is open for first timers as well as veterans. Just ensure that you are excited about the trip and are in good physical shape (comfortable walking for 4-5 hours in a day). However, it would be wise to discuss it with one of our Trip Leaders before booking.

Dodital is situated at an altitude of 3307mt. The lake is surrounded by beautiful pine and oak forests, rhododendron clusters, and has a large variety of Himalayan birds.

The source of Dodital lake is River Asi Ganga that merges with the River Bhagirathi near Gangotri. For a fine view of the magnificent Bandarpooch peak (6387m), you could climb up a little from the lake. A further climb also leads to Hanumanchatti (2400m), the roadhead to Yamunotri (30km), through the Aineha pass (3667m), and offers some of the best views of the Himalayas.

Trekkers are usually amazed by the natural beauty of the trek. This trek encompasses all the characteristic features of the Uttarakhand region. Ascending in between in the thick rows of rare species of alpine flowers, the serene atmosphere of the trail, the unpolluted fresh and crisp air and crystal clear water of the rivers is everything a trekker usually dreams of and desires in his trail. The stay in the base camp without the chaos of daily life and commercialization makes you feel refreshed and rejuvenated.

Of course, a question most likely to occur to you will be, why you must choose GIRIVIHAR.....Here's the answer.

- GIRIVIHAR is one of the oldest and most reputed mountaineering clubs in Mumbai
- We have decades of experience conducting Adventure Activities, and enjoy an enviable safety record
- With a long list of pioneering ventures, we are an organisation of genuine mountain experts
- Unlike commercial set-ups, the program is managed and conducted by "true blue" mountaineers
- And last, but not the least, we conduct the treks on a NO-PROFIT basis, making it one of your wisest and most economical investments for your adventure.

### **Instructions:**

1. Correspondence : **Kunal Lagu (9833697760) , Saurabh Oka (9920202170)**
2. Corresp. address : **Kunal Lagu C/O LAGU BANDHU,**  
206/207, Shilpin Centre, G D Ambekar Marg, Wadala - Mum 31  
Ph: +91-22-2415 0211/21 Email: kunallagu@gmail.com Mobile: 9833697760
3. Minimum age : 14 years complete
4. Trek Fees : Rs. 12,500/-.**Haridwar to Haridwar** (Transport/Lodging/Boarding & Equipment etc)
5. Trek Duration : 27<sup>th</sup> May 2018 Arrival at **Haridwar and** Depart from **Haridwar on 28<sup>th</sup> May 2018**
6. Accommodation : Accommodation in multiple sharing Tents (Separate arrangement for Boys & Girls)
7. Assembly : **Haridwar.** On 28<sup>th</sup> May 2018 at 6.00 am at a pre-designated place in **Haridwar** to catch the Jeeps to Uttarkashi. Details will be shared at the participants meeting
8. Return : Depart from **Haridwar on 4<sup>th</sup> June 2018**
9. Participant's Meeting: At 1930 hrs. on Saturday, 12<sup>th</sup> May 2018 at R. A. Podar College,  
L. Napoo Marg, Matunga (Central), Mumbai – 19.  
Minor participants will attend this meeting along with their parents.

### Package includes:-

- **Transportation:** Haridwar to Uttarkashi and back from Uttarkashi to Haridwar in Non A/C Jeeps/Bus.
- **Accommodation:** Accommodation in multiple sharing tents with separate arrangement for Boys and Girls (Haridwar accommodation NOT INCLUDED)
- **Food:** Delicious and nutritious veg. food will be served during the trek (From Lunch on Day 1 to Lunch on Day 7)
- **Equipment** required for trekking in Snow will be provided; participants are to bring their warm clothing.
- **Instructors:** The trekking team will be accompanied by qualified guides/instructors
- **Forest Entree fee and required Permits**
- **Back Pack carrying:** Participants are expected to carry their own personal belongings. Common Equipment and sleeping Bags, Tents etc will be provided & carried by porters
- **Certificate:** Participants will be awarded with a certificate on successfully completing the trek.

### Package Excludes:

- Pre/post camp arrival/departure, facilitation/travel cost to and from Camp's joining and dispersal locations, etc
- Cost of any form of insurance, rescue, evacuation, hospitalization, etc
- Costs incurred due to delays in arrival/departure of any means of transportation resulting from landslides, floods, or other natural or manmade causes over which Girivihar has no control
- Anything which is not mentioned above

### Camp Kit (Essential):

- Trekking Shoes + Cotton Socks (4 Pairs)
- Slippers / Chappal (After activity time)
- Loose Tough light weight trousers (Cotton preferred) or Track pants (2 Nos.)
- Loose Tough light weight Full-Sleeve Shirts / Dry fit (Cotton preferred) (2 Nos.)
- Personal Undergarments (2/3 sets minimum); light weight towel (Pancha)
- One Full Sleeve Sweater & a wind cheater. Rain protection (Poncho/Raincoat)
- Warm body fit leggings & tops. Balaclava or woollen cap. Sun cap, Vaseline, cold cream, Sun screen etc.
- Water Bottle / Hydration pack of 2 lit capacity.
- Torch with a spare set of batteries.
- Tooth Brush, Tooth Paste, Soap, small quantity talcum powder, 4 'Band-Aid' Strips, 2-3 Plastic bags.
- Good Quality Sun Glasses (with UV protection)

### Additional Information:

- Attending the Participant's Meeting is a MUST.
- Please submit your Photo id (Pan Card/Passport/Aadhar Card/Students School Id) along with the form
- **Last Date for submitting entry form : 12<sup>th</sup> May 2018. ( Entry by 1<sup>st</sup> come 1<sup>st</sup> served)**
- **Admissions shall be confirmed after fitness screening and only on receipt of full trek fees**
- **Fees include Rs. 2000/- as Non refundable registration Charges.**
- **Cancellation** : Since all the necessary arrangements like purchase of food, transport, equipments etc., are made well in advance, cancellations, if any must be communicated immediately & at least 15 days before commencement date of the trek (14<sup>th</sup> May) in writing at the above address. Trek in-charge will take final decision about the refund amount after the trek.
- There is a complete 'First-Aid Kit' available at the campsite. Still it is advisable to carry a few Band-Aid strips.
- Please inform the trek-in-charge about any long term medical treatment the participant is undergoing for any illness. They should also inform about hypersensitivity (to antibiotics, sulpha drugs etc.) / allergies if any.

The instructors are fully trained and have wide experience in all the activities they will carry out.

We have always followed the precautions of safety. The participant's safety at any point is the first priority.

Keeping this in mind, the instructors may not allow some members to participate in some of the activities.

**The Trek-in-charge's decision in any matter related to this Trek is final.**

**Day wise Program:**

**Itinerary –**

May 28 :- Haridwar to Uttarkashi.  
May 29 :- Uttarkashi to Sangamchatti & trek to Bevra (7 kms, 2250 mt./7400ft).  
May 30 :- Bevra to Manjhi (8 kms, 2800mt/9200 ft).  
May 31 :- Manjhi to Dodital ( 6 kms,3310mt/10900ft )  
June 01 :- Dodital to Darwa Top and back to Dodital (4kms, max ht. 4150mt/13,600ft).  
June 02 :- Dodital to Bevra/Agoda (14kms, 2250 mt./7400ft).  
June 03 :- Agoda to Sangamchatti and proceed by road to Haridwar (7 km trek)

**Suggested Train Travel up to Haridwar:**

**1<sup>st</sup> Choice:** 19019/Bandra Terminus - Haridwar Dehradun Express leaving on 26<sup>th</sup> May @ 00:15 Reach Haridwar on 27<sup>th</sup> May at 14.40 hrs

on 27<sup>th</sup> May. Night Halt at Haridwar

**2<sup>nd</sup> Choice:** 12137/ Punjab Mail upto Delhi leaving CST on 26<sup>th</sup> May @ 19.30 Hrs reaching Delhi on 27<sup>th</sup> May 21.15 Hrs and then

change the train to Overnight journey by 12205 NDLS DDN EXP (Nanda Devi Express) departing on 27<sup>th</sup> May at 23.50 reaching Haridwar 04.00 Hrs (4 am) on 28<sup>th</sup> May

**Suggested Travel back from Haridwar**

**1<sup>st</sup> choice:** On 4<sup>th</sup> June - 12206 Nanda Devi Express departing Haridwar at 00.55Hrs and reaching GZB/Ghaziabad Junction at 04.33Hrs (4.33am) and then change the train to 12904/ Golden Temple Mail departing from Ghaziabad Jn. At 06.20Hrs (6.20am) on 4<sup>th</sup> June to reach Dadar at 04.50Hrs (4.50am) on 5<sup>th</sup> June

**2<sup>nd</sup> choice:** On 3<sup>rd</sup> June – 14042 Mussorie Express departing Haridwar Jn. At 23.20 Hrs and reaching Delhi railway station (DLI) at 07:40 Hrs (7.40am). There are many option from Delhi to Mumbai.

**IMP. NOTE FOR RETURN JOURNEY - DO NOT BOOK TRAVEL FROM HARIDWAR BEFORE 10PM ON 3<sup>RD</sup> JUNE.**

**Since we are travelling by road from Uttarkashi to Haridwar, there is chance of unforeseen delays. Therefore, we request you not to book any transport out of Haridwar before 10pm on 3<sup>rd</sup> June.**

**Members staying back for rafting should book their tickets accordingly**

These are just suggested travel options. Participants may choose any other alternative to reach Haridwar on their own. Girivihar shall not be responsible for train delays etc.

**CANCELLATION POLICY**

From the date of trek commencement, if cancellation is communicated to Girivihar within -

15 days and less	- nil refund
16 days to 30 days	- 50% refund.
31 days to 60 days	- 75% refund
More than 60 days	- Rs. 2,000 cancellation charges

**Bank a/c details for direct transfer / credit through e-net / NEFT / RTGS**

<b>Account Name</b>	: GIRIVIHAR	<b>Account Type</b>	: Savings		
<b>Bank's Name</b>	: IDBI Bank Ltd.	<b>Branch</b>	: Dadar (W)	<b>MICR Code:</b>	400259038
<b>S B Account no.</b>	: 0501104000055046 (16 digits)	<b>IFSC Code:</b>	IBKL0000501 (11 digits)		

GIRIVIHAR  
Dodital and Darwa Top Trek 2018  
Application Form:

Photograph  
of Participant

To  
The General Secretary,  
GIRIVIHAR, Mumbai.

Dear Sir,

I declare that I, Mr/Ms \_\_\_\_\_ am physically fit to participate in the Dodital and Darwa Top Trek 2018 being organized by GIRIVIHAR in May 2018. I understand that in case of any unforeseen event / accident during the trek, the office bearers and Trek's organizing members of GIRIVIHAR shall not be held responsible for loss of life/property. I have read the instructions and assure you that I shall abide by the discipline of the trek.

I understand that GIRIVIHAR is a seasoned adventure club and they shall take utmost care to ensure safety of the participants of the trek. **I am participating in the trek on my own responsibility.**

Signature of Participant

Signature of Parent in case of Minor

1. Name : Mr/Ms \_\_\_\_\_
2. Date of Birth : \_\_\_\_\_ Age : \_\_\_\_years. T-Shirt Size \_\_\_\_\_
3. Address : \_\_\_\_\_  
\_\_\_\_\_ Email id \_\_\_\_\_
4. Telephone No. : \_\_\_\_\_ Cell No. : \_\_\_\_\_
5. In case of Emergency contact : \_\_\_\_\_
6. Name of School/College: \_\_\_\_\_ Class: \_\_\_\_\_
7. Any previous Hiking/Trekking Experience : YES / NO (If 'YES' please specify) : \_\_\_\_\_
8. Other interests : Hobbies / Sports : \_\_\_\_\_
9. Fees Rs 12,500/- paid (Cash/Online Transfer/Cheque/ No. \_\_\_\_\_ drawn on \_\_\_\_\_ Bank in favour of "GIRIVIHAR". Fees handed over to: \_\_\_\_\_
10. I came to know about this trek thru: News paper / School / Friend / Internet/ Other (Pl. specify) \_\_\_\_\_

**Note: Charges include Rs. 2 000/- as Registration Charges (Non-refundable)**

Parent / Guardian Name \_\_\_\_\_

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**Medical Certificate:**

Name of family doctor: \_\_\_\_\_

Address: \_\_\_\_\_

Name of the participant: \_\_\_\_\_ Blood Group \_\_\_\_\_

Recent Illness: \_\_\_\_\_ Allergies: \_\_\_\_\_

Hyper sensitivity (to antibiotics/sulpha): \_\_\_\_\_

Personal Medications: \_\_\_\_\_ Chronic disease if any \_\_\_\_\_

I understand the nature of the trek and have examined Mr/Ms \_\_\_\_\_

and in my opinion he/she is medically fit to participate in the program.

Signed: \_\_\_\_\_

Name of the Doctor: \_\_\_\_\_

Regn No. & Stamp